

# Oceans

[Rumba; Phase V + 1 \(Curl\); Music: Oceans, Stefanie Heinzmann, 3:10; Choreo: Angela Grote](#)

## **Intro:** Cuddle Pos

wait pickup notes (9 sec)  
cuddle – 2x;; cuca – 2x (CP);; cl hip twist; fan;  
hkystk (CP/wall);; X-bdy – 2x (CP/wall);;;  
alemana;; hd-hd – 2x;;

## **Part A:** Bfly/wall

chase peek-a-boo dbl (Cuddle Pos);;;; ;;;  
[Opt.: w/spins (Tan leader spins)] \*\*

## **Part B:** Cuddle Pos

cuddle – 2x;; cuca – 2x (CP);; cl hip twist; fan;  
hkystk (CP/wall);; X-bdy – 2x (CP/wall);;;  
alemana;; hd-hd – 2x;;

## **Part A:** Bfly/wall

chase peek-a-boo dbl (Cuddle Pos);;;; ;;;  
[Opt.: w/spins (Tan leader spins)]

## **Part C:** Bfly/wall

curl; fan;\* alemana (Bfly/wall);;  
shldr-shldr – 2x;; 2 slo X-swvls;;  
aida; switch-X; cuca – 2x;;  
1/2 bas; full nat top;;;

## **Part B<sub>(9-16)</sub>:** CP/wall

X-bdy – 2x (CP/wall);;;  
alemana;; hd-hd – 2x (CP/wall);;

## **Part B<sub>mod</sub>:** CP/wall

X-bdy – 2x (CP/wall);;;  
alemana;; cuca – 2x (Cuddle Pos/wall);;

## **End:** Cuddle Pos/wall

dip bk,

## **Sequence:** Intro AB AC B<sub>(9-16)</sub> B<sub>mod</sub> End

\* Part C: R-hdshk: flirt to a fan;; => reiner Phase V

\*\* chase peek-a-boo dbl w/spins (Tan leader spins) (Bfly/wall);;;; ;;;;

**Man:** rk fwd L trn ½ RF, rec R twd COH, fwd L, -; rk sd R, rec L, cl R, spin RF full turn; rk sd L, rec R, cl L, spin LF full turn; rk fwd R trn ½ LF, rec L twd wall, fwd R, -; rk sd L, rec R, cl L, -; rk sd R, rec L, cl R, -; rk fwd L, rec R, bk L, -; rk bk R, rec L, fwd R to fc, -;

**Lady:** rk bk R, rec L, fwd R, -; rk sd L, rec R, cl L, -; rk sd R, rec L, cl R, -; rk fwd L trn ½ RF, rec R twd wall, fwd L, -; rk sd R, rec L, cl R, spin RF full turn; rk sd L, rec R, cl L, spin LF full turn; rk fwd R trn 1/2 LF fc COH, rec L, fwd R, -; rk fwd L, rec R, bk L, -;