VOLAR

MEAS.		INTRODUCTION
1-4		**CP/Wall wait 4;;;;**
	1-4	wait 4;;;;
5-8		**CP/Wall cucaracha – twice;; forward & back basic;;**
	5-8	rk sd LOD L, rec R, cl L,-; rk sd RLOD R, rec L, cl R, - ; fwd L, rec R, bk L, -; bk R, rec L, fwd R;
9-12		**CP/Wall diamond turn w/close ending;;;;**
		fwd L comm 1/4 LF trn, sd R cont trn, bk L,-; bk R comm 1/4 LF trn, sd L cont trn, fwd R,-; fwd L comm 1/4 LF trn, sd R cont trn, bk L,-; bk R comm 1/4 LF trn, sd L cont trn, cl R BFLY/wall,-; *(bk R comm 1/4 LF trn, sd L cont trn, fwd R,-; fwd L comm 1/4 LF trn, sd R cont trn, bk L,-; bk R comm 1/4 LF trn, sd L cont trn, fwd R,-; fwd L comm 1/4 LF trn, sd R cont trn, cl R BFLY/wall,-;)*

PART A

1-4		**BFLY/Wall alemana;; half basic; aida;**
	1-2	fwd L, rec R, cl L, -; raisg jnd ld hnds sm sd & bk R, rec L, fwd & sd R, -; *(bk R, fwd L, fwd R swiveling to L sd of M, -; trng RF undr jnd hnds fwd L, fwd R, fwd & sd L to fc ptr, -;)*
	3-4	rk fwd L, rec R, sd L, -; thru R twd LOD, sd & fwd L trn to fc ptr, cont RF *(LF)* trn bk L to V bk-to-bk fcg RLOD, -;
5-8		**V bk-to-bk fcg RLOD back basic; patty cake tap; back basic to CP/wall; cucaracha R;**
	5-6	bk L, rec R, fwd L; swvl LF *(RF)* on L to fc ptr bring trl palms tog pt R thru to LOD, -, swvl RF *(LF)* on L step bk R to V bk-to-bk fcg RLOD, -;
	7-8	bk L, rec R, fwd L to CP/wall; rk sd RLOD R, rec L, cl R, - ;
9-12		**CP/Wall scallop;; cross body to CP/COH;;**
	9-10	swvl LF *(RF)* on R to SCP LOD rk bk L, rec R, sd & fwd L to loose CP WALL, -; swvl LF *(RF)* on L to SCP LOD thru R, sd & fwd L to loose CP WALL, cl R, -;
	11-12	rk fwd L, rec R trn ¼ LF, sd L to L-SHAPED POS LOD, -; rk bk R, rec L trn ¼ LF, sd & fwd R to CP COH, -; *(rk bk R, rec L, fwd R, -; fwd L comm LF trn, fwd R keep trng LF, sd &bk to CP wall, -;)*
13-16		**CP/COH scallop;; cross body to BFLY/wall;;**
	13-14	swvl LF *(RF)* on R to SCP RLOD rk bk L, rec R, sd & fwd L to loose CP COH, -; swvl LF *(RF)* on L to SCP LOD thru R, sd & fwd L to loose CP COH, cl R, -;
	15-16	rk fwd L, rec R trn ¼ LF, sd L to L-SHAPED POS RLOD, -; rk bk R, rec L trn ¼ LF, sd & fwd R to CP wall, -; *(rk bk R, rec L, fwd R, -; fwd L comm LF trn, fwd R keep trng LF, sd &bk to CP COH, -;)*

PART B

1-4		**BFLY/Wall arm check (option: underturned);; basic;;**
	1-2	rk apt L, rec R, sd & fwd L twd W R sd release ld hnds & take W R wrist in M R hnd, -; fwd R trn 1/2 LF ld W to spin RF & drop hnds, fwd L, cl R to BFLY COH, -; *(rk apt R, rec L, fwd R twd M R sd, -; spin RF 1 1/2 L [opt.: spin RF 1/2], stp R, stp L to BFLY WALL, -;)*
	3-4	rk fwd L, rec R, sd L, -; rk bk R, rec L, sd R, - ;
5-8		**BFLY/COH cucaracha cross; crab walk ending; New Yorker; knee swivel 3;**

5-8	rk sd L, rec R, XLif R, -; Sd R, XLIF, sd R, -; swvl to LOP LOD thru L, rec R, sd L to BFLY COH, -; cl R to L to fc ptr in BFLY sway knees R, L, R,-;
9-12	**BFLY/COH flirtation chase;;;;**
9-12	fwd L release hnds trn ¼ RF fc LOD, sd R, X Lif, -; sd R, rec L, X Rif, -; sd L trn ¼ LF fc COH, rec R, bk L, -; bk R, rec L, cl R to BFLY COH, -; keep eye contact thru whole figure and smile flirtingly *(bk R, rec L, fwd R, -; fwd L trn ¼ RF fc RLOD, sd R, X Lif, -; sd R, rec L, X Rif, -; fwd L trn LF ¼ fc Wall, rec R, cl L to BFLY Wall, -;)*
13-16	**BFLY/COH arm check (option: underturned);; basic;;**
13-16	rk apt L, rec R, sd & fwd L twd W R sd release ld hnds & take W R wrist in M R hnd, -; fwd R trn 1/2 LF ld W to spin RF & drop hnds, fwd L, cl R to BFLY Wall, -; *(rk apt R, rec L, fwd R twd M R sd, -; spin RF 1 1/2 L [opt.: spin RF 1/2], stp R, stp L to BFLY COH, -;)* rk fwd L, rec R, sd L, -; rk bk R, rec L, sd R to CP Wall, - ;

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PART C

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1-4	**CP/Wall shoulder to shoulder – twice;; cucaracha – twice;;**
1-4	trn 1/8 RF rk fwd L outsd ptr, rec R,- sd L trn to fc, -; trn 1/8 LF rk fwd R outsd ptr, rec L, sd R trn to fc, -; *(trn 1/8 RF rk bk R, rec L, sd R trn to fc, -; trn 1/8 LF rk bk L, rec R, sd L trn to fc, -;)* rk sd LOD L, rec R, cl L, - ; rk sd RLOD R, rec L, cl R, -;
5-8	**CP/Wall diamond turn w/close ending;;;;**
5-8	repeat Intro meas 9-12;;;;

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PART D

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1-4	**BFLY/Wall chase with underarm pass;; crab walks;;**
1-4	keeping ld hnds joined low palm upwards fwd L trng ½ RF, rec R, fwd L, -; rk bk R, rec L, sd R to BFLY COH, -; *(bk R, rec L to M's lft sd, fwd R, -; fwd L, fwd R trng ½ LF under joined ld hnds, sd L to BFLY Wall, -;)* XLIF, sd R, XLIF, -; Sd R, XLIF, sd R, -;
5-8	**BFLY/COH fence line twice;; time step twice;;**
5-6	rk thru L, rec R, sd L, -; rk thru R, rec L, sd R, -;
7-8	hnds not jnd ext to sd XLib with no body trn, rec R, sd L, -; XRib, rec L, sd R, -;
9-12	**BFLY/COH chase with underarm pass;; crab walks;;**
9-12	keeping ld hnds joined low palm upwards fwd L trng ½ RF, rec R, fwd L, -; rk bk R, rec L, sd R to BFLY Wall, -; *(bk R, rec L to M's lft sd, fwd R, -; fwd L, fwd R trng ½ LF under joined ld hnds, sd L to BFLY COH, -;)* XLIF, sd R, XLIF, -; Sd R, XLIF, sd R, -;
12-16	**BFLY/Wall fence line twice;; time step twice;;**
9-10	rk thru L, rec R, sd L, -; rk thru R, rec L, sd R, -;
11-12	hnds not jnd ext to sd XLib with no body trn, rec R, sd L, -; XRib, rec L, sd R, -;

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END

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1-8	**CP/Wall shoulder to shoulder twice;; cucaracha – twice;;**
	CP/Wall diamond turn w/close ending;;;;
1-4	repeat Part C meas 1-4;;;; repeat Intro meas 9-12;;;;
9-12	**BFLY/Wall flirtation chase;;;;**
9-12	fwd L release hnds trn ¼ RF fc RLOD, sd R, X Lif, -; sd R, rec L, X Rif, -; sd L trn ¼ LF fc Wall, rec R, bk L, -; bk R, rec L, sd R to BFLY Wall, -; keep eye contact thru whole figure and smile flirtingly *(bk R, rec L, fwd R, -; fwd L trn ¼ RF fc LOD, sd R, X Lif, -; sd R, rec L, X Rif, -; fwd L trn LF ¼ fc COH, rec R, sd L to BFLY COH, -;)*
13-16	**BFLY/Wall arm check (option: underturned);; basic;;**
13-16	repeat Part B meas 1-4;;;;
17-20	**CP/COH cross body to CP/wall;; scallop;;**
17-20	repeat Part A meas 15-16 to CP Wall;; repeat Part A meas 9-10;;
21-25	**CP/Wall side walks;; cucaracha twice;; dip back,**
21-25	sd L, cl R, sd L, -; cl R, sd L, cl R, -; rk sd LOD L, rec R, cl L,-; rk sd RLOD R, rec L, cl R, -; dip bk,